# Horario
# GIMNASIA Y FLEXIBILIDAD

| | LUNES | MARTES | MIERCOLES | JUEVES | VIERNES | SABADO |
|---|---|---|---|---|---|---|
| 10:00 AM | | | | | | |
| 10:30 AM | | | FLEXIBILIDAD PRESENCIAL | | | FLEXIBILIDAD VIRTUAL/PRESENCIAL |
| 11:00 AM | | GIMNASIA | | | | |
| 6:00 PM | FLEX KIDS PRESENCIAL | GIMNASIA | | | | |
| 8.00 PM | FLEXIBILIDAD VIRTUAL/PRESENCIAL | | | FLEXIBILIDAD VIRTUAL/PRESENCIAL | | |

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# Horario KIDS

| | LUNES | MARTES | MIERCOLES | JUEVES | VIERNES | SABADO |
|---|---|---|---|---|---|---|
| 10:30 AM | | | | | | ACROBACIA |
| 11:30 AM | | | | | | POLE/TELAS/ LYRA |
| 3:00 PM | | | | | SOLISTA | |
| 4:00 PM | | SOLISTA | POLE/TELAS/ LYRA | SOLISTA | SOLISTA | |
| 5:00 PM | POLE/TELAS/ LYRA | | | | SOLISTA | |
| 6:00 PM | FLEXIBILIDAD | | | | | |

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# Horario
# TELAS Y LYRA

| | LUNES | MARTES | MIERCOLES | JUEVES | VIERNES | SABADO |
|---|---|---|---|---|---|---|
| 9:00 AM | TELAS/LYRA | | TELAS/LYRA | | | TELAS/LYRA |
| 10:00 AM | | TELAS/LYRA | | TELAS/LYRA | | |
| 11:00 AM | | | | | | |
| 5:00 PM | | TELAS/LYRA | TELAS/LYRA | TELAS/LYRA | TELAS/LYRA | |
| 6:00 PM | | | | | TELAS/LYRA | |
| 7:00 PM | TELAS/LYRA | TELAS/LYRA | TELAS/LYRA | TELAS/LYRA | | |

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# Horario POLE

| | LUNES | MARTES | MIERCOLES | JUEVES | VIERNES | SABADO |
|---|---|---|---|---|---|---|
| 08:00 AM | | | | | | POLE COREO |
| 9:00 AM | POLE SPORT | | POLE SPORT | | | POLE SPORT |
| 10:00 AM | | POLE SPORT | | POLE SPORT | | |
| 10:30 AM | EXOTIC BY: JUANJO | | | | | |
| 11:00 AM | | | | EXOTIC BY: GINA | | |
| 5:00 PM | | POLE SPORT | | POLE SPORT | POLE SPORT | |
| 6:00 PM | POLE SPORT | | EXOTIC NEW BY: JUANJO | EXOTIC BY: JUANJO | POLE SPORT | |
| 7:00 PM | POLE SPORT | POLE SPORT | POLE SPORT | POLE SPORT | | |
| 8:00 PM | | | EXOTIC ACROBATICO BY: JUANJO | | | |

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# Horario
# POLE SPORT

| | LUNES | MARTES | MIERCOLES | JUEVES | VIERNES | SABADO |
|---|---|---|---|---|---|---|
| 08:00 AM | | | | | | POLE COREO |
| 9:00 AM | POLE SPORT | | POLE SPORT | | | POLE SPORT |
| 10:00 AM | | | | POLE SPORT | | |
| 11:00 AM | | POLE SPORT | | | | |
| 5:00 PM | | POLE SPORT | | POLE SPORT | POLE SPORT | |
| 6:00 PM | POLE SPORT | | | | POLE SPORT | |
| 7:00 PM | POLE SPORT | POLE SPORT | POLE SPORT | POLE SPORT | | |

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# Horario
# EXOTIC POLE

| | LUNES | MARTES | MIERCOLES | JUEVES | VIERNES | SABADO |
|---|---|---|---|---|---|---|
| 10:30 AM | EXOTIC BY: JUANJO | | | | | |
| 11:00 AM | | | | EXOTIC BY: GINA | | |
| 6:00 PM | | | EXOTIC NEW BY: JUANJO | EXOTIC BY: JUANJO | | |
| 7:00 PM | | | | | | |
| 8:00 PM | | | EXOTIC ACROBATICO BY: JUANJO | | | |

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